

HOME SCIENCE

Total No.of Periods-200

Term	Month	Chapter	Periods
TermI	June	1. Basic nutrition	24
		Unit Test	1
		2. A guide to Healthy living	8
	July	3. Nutrition for Self and family	15
		Unit Test	1
		4. Diet Therapy	19
	August	5. Food Preservation	11
Unit Test		1	
Term end Evaluation			
TermII	September	6. Introduction to fibre science	20
		7. Yarn production and properties	9
		Unit Test	1
	October	8. Fabric Construction	23
		9. Fabric finishes	9
		Unit Test	1
	November	10. Finishing with Colour-Dyeing and Printing	24
		Unit Test	1
		11. Introduction to Extension Education	8
	December	11. Introduction to Extension Education	8
		12. Communication in Homescience Extension	8
Term end Evaluation			
TermIII	January	12. Communication in HomeScience Extension	7
		Unit Test	1
		Revision	
	February	Model Examination	