

ANSWER KEY

SAY/IMP  
 SECOND YEAR HIGHER SECONDARY EXAMINATION June 2023  
 PART-I/II/III

SUBJECT: PSYCHOLOGY

CODE NO: S2233

VERSION: 6

60 SCORES

2 HOURS

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
1.		a. Self-esteem	1	1
2.		c. Eustress	1	1
3		b. Aptitude	1	1
4		a. Cancer prone	1	1
5.		a. WHO	1	1
6.		d. Valence	1	1
7.		b. Rational Emotive Therapy (RET)	1	1
8.		a. Behavioural	1	1
9.		c. Crowd	1	1
10		Reduction in individual effort when working on a collective task	2	2

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
11		Write any 2 sources of psychological stress - frustration, conflicts, internal pressures, social pressures	1 1	2
12.		Write any 2 alternative therapies such as yoga, meditation, acupuncture, herbal remedies etc.	1 1	2
13.		Obsessive behaviour is the inability to stop thinking about a particular idea or topic.	2	2
14		Oedipus complex, Electra complex	1 1	2
15		Planning, Attention - arousal and Simultaneous - Successive	$\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$	2
16		Name any 2 defence mechanisms - repression, projection, denial, reaction formation, rationalisation etc.	1 1	2
17		A stereotype is a cluster of ideas regarding the characteristics of a specific group.	2	2

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
18		<p>Explain different types of groups</p> <p>Primary and secondary groups</p> <p>Formal and Informal groups</p> <p>Ingroup and outgroup</p>	<p>1</p> <p>1</p> <p>1</p>	3
19		<p>Explain any 3 factors that influence attitude formation such as,</p> <p>Family, School environment, Reference groups, Personal experiences and Media-related influences.</p>	<p>1</p> <p>1</p> <p>1</p>	3
20		<p>Explain any 3 reasons</p> <ul style="list-style-type: none"> <li>• Security</li> <li>• status</li> <li>• self-esteem</li> <li>• Satisfaction of one's psychological and social needs</li> <li>• Goal achievement</li> <li>• Provide knowledge and information</li> </ul>	<p>1</p> <p>1</p> <p>1</p>	3
21		<p>Mentioning 3 traits - Cardinal, central, secondary</p> <p>Explanation</p>	<p>1½</p> <p>1½</p>	3
22		<p>Mentioning 3 techniques - Occupational therapy, social skills training, vocational therapy</p> <p>Explanation</p>	<p>1½</p> <p>1½</p>	3

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
23		<p>Naming any 4 techniques used in behaviour therapy such as, negative reinforcement, positive reinforcement, aversive conditioning, <del>token</del> economy, systematic desensitisation, modelling etc.</p> <p>Explanation of 4</p>	$\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$	4
24		<p>A delusion is a false belief that is firmly held on inadequate grounds.</p> <p>Naming - Delusions of persecution, reference, grandeur, control (any 3)</p> <p>Explain any 3</p>	1 $1\frac{1}{2}$ $\frac{1}{2}$	4
25		<p>Robert Sternberg</p> <p>Mentioning 3 types - Componential intelligence, Experiential intelligence, Contextual intelligence</p> <p>Explanation</p>	1 $1\frac{1}{2}$ $1\frac{1}{2}$	4

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
26.		<p>Mentioning any 2 projective techniques The Rorschach Inkblot Test, TAT, P-F study, sentence completion Test, Draw-a-person Test, etc.</p> <p>Explain any 2</p>	<p>1 1 1 1</p>	4
27		<p>Hans Selye</p> <p>Naming 3 stages - Alarm reaction stage, Resistance stage, Exhaustion stage</p> <p>Explain → 3 stages</p>	<p>1 <math>\frac{1}{2}</math> <math>\frac{1}{2}</math> <math>\frac{1}{2}</math> 1<math>\frac{1}{2}</math></p>	4
28		<p>Anxiety - A vague, diffuse, very unpleasant feeling of fear and apprehension</p> <p>Explain any 3-generalised anxiety disorder, panic disorder, phobia, separation anxiety disorder etc.</p>	<p>1<math>\frac{1}{2}</math> 1<math>\frac{1}{2}</math> 1<math>\frac{1}{2}</math></p>	6
29.		<p>Write about any 6 techniques: Relaxation, Meditation, Bio feed back, Creative visualisation, Cognitive</p>	<p>1 1 1 1 1</p>	

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
		Behavioural Techniques, Exercise	1	6
30		Explain any 6 types of multiple intelligence such as, <ul style="list-style-type: none"><li>• Linguistic</li><li>• Logical-Mathematical</li><li>• Spatial</li><li>• Musical</li><li>• Bodily-kinesthetic</li><li>• Interpersonal</li><li>• Intrapersonal</li><li>• Naturalistic</li></ul>	1 1 1 1 1 1 1	6