

ANSWER KEY

SECOND YEAR HIGHER SECONDARY EXAMINATION MARCH 2022

PART-III/III

SUBJECT: PSYCHOLOGY

CODE NO: ~~5433~~ 5433

VERSION: S

60 SCORES

2 HOURS

Qn. No	Sub Qns	Answer Key/Value Points	Score	Total Score
1.		a) Sigmund Freud	1	1
2.		b) Hans Selye	1	1
3.		c) Secondary group	1	1
4.		b) Joseph Wolpe	1	1
5.		c) DSM 5	1	1
6.		a) Aversive conditioning	1	1
7.		d) Rational Emotive Therapy	1	1
8.		c) Contextual Intelligence	1	1
9.		a) Psychoneuroimmunology	1	1
10.		c) Cognitive Assessment System (CAS)	1	1
11.		a) Type C Personality	1	1
12.		d) Conduct Disorder	1	1
13.		b) Basic anxiety	1	1
14.		- childhood experiences develop core Schemas - Cognitive distortions lead to dysfunctional Cognitive structure - Cognitive restructuring attained through non-directive questioning.	1/2 1/2 1	2
15.		- Anorexia Nervosa - Bulimia Nervosa - Binge Eating	1 1 1	2

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16.	-	Neuroticism Vs emotional stability Extraversion Vs introversion	$\frac{1}{2} + \frac{1}{2}$ $\frac{1}{2} + \frac{1}{2}$	2
17.	-	Inattention Hyperactivity-impulsivity	1 1	2
18.	-	Oedipus Complex Electra Complex	1 1	2
19.		a) J. P. Guilford b) Arthur Jensen	1 1	2
20.	-	ECT = Electro Convulsive Therapy Mild electric shock is given via electrodes to the brain of the patient It is given by psychiatrist only It is given only when drugs are not effective in controlling symptoms (Any two points)	1 1 1	2
21.	-	Physical and Environmental Stress Psychological Stress Frustration, Conflict, Pressure Social Stress	1 1 1 1	3
22.	-	Naturalistic Observation is one of the primary ways of learning about the way people behave in a given setting. This provide useful insights into what is going on In participant observation the observer is actively involved in	$\frac{1}{2}$	

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23.		the process of observing by becoming an active member of the setting where the observation takes place	1/2	3
		ABC components of attitude Affective aspect Behavioural (conative) aspect Cognitive aspect Together these three aspects have been referred to as ABC components.	1 1 1	3
24.		The global and aggregate capacity of an individual to think rationally, act purposefully, and to deal effectively with his/her environment - $IQ = \frac{MA}{CA} \times 100$ $IQ = \frac{15}{15} \times 100$ $= \underline{\underline{100}}$	1 1 1	3
25.		Explain any 3 of the following defence mechanisms Repression, Projection, Denial, Reaction formation, Rationalisation	1 1 1	3

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26.		<p>Client-Centered Therapy</p> <ul style="list-style-type: none"> - It was given by Carl Rogers - The therapy provides a warm relationship in which the client can reconnect with his/her disintegrated feelings - The therapist show empathy and unconditional positive regard - Therapist reflects the feelings of the client in non judgmental manner. <p>(Any 3 points)</p>	<p>1</p> <p>1</p> <p>1</p>	3
27.		<p>Write about any 3 of the following life skills:</p> <p>Assertiveness, time management, rational thinking, improving relationships, self care</p>	<p>1</p> <p>1</p> <p>1</p>	3
28.		<p>Pro environmental behaviours:</p> <ul style="list-style-type: none"> - Reducing air pollution - Reducing noise pollution - Manage disposal of garbage sensibly - Planting trees and ensuring their care - Saying no to plastic - Reducing non-biodegradable packing 	<p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1/2</p> <p>1/2</p>	3

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29.		Negative symptoms of Schizophrenia include - <ul style="list-style-type: none"> - Alogia - Poverty of speech - Blunted affect - less emotions - Flat affect - no emotions - Avolition - Inability to start or complete a course of action 	1 1 1 1	4
30		People join in groups for the following reasons: Security, Status, Self esteem, Satisfaction of one's psychological and social needs, goal achievement, Provide knowledge and information (Explain any 4 reasons)	1 1 1 1	4
31.		Some ethical standards that need to be practiced by professional psychotherapists : <ul style="list-style-type: none"> - Informed consent - Confidentiality - Alleviating personal distress - Integrity of the practitioner-client relationship - Respect for human rights and dignity - Professional competence and skills (Write any 4)	1 1 1 1 1	4

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32		PASS Model of Intelligence . - Developed by J.P. Das, Jack Naglieri, Kirby (1994) - Attention / Arousal - Simultaneous and Successive Processing . - Planning .	1 1 1 1	4.
33		Conditions included in dissociative disorders are - Dissociative amnesia - Dissociative Identity Disorder - Depersonalisation / Derealisation (Explain any 2 disorders)	2 2	4.
34		Stress management techniques - Relaxation techniques - Meditation procedures - Biofeedback - Creative Visualisation - Cognitive Behavioural Techniques - Exercise . Explain all the above .	1 1 1 1 1 1	6

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35	a)	<p>TAT - Thematic Apperception Test.</p> <ul style="list-style-type: none"> - Developed by Morgan and Murray - 30 black and white picture cards and one blank card - each picture depicts people in variety of situations - 20 cards for a subject 	1 1	
	b)	<p>The Rorschach Inkblot test</p> <ul style="list-style-type: none"> - Developed by Hermann Rorschach - 10 inkblots: 5 black and white, 2 red, 3 pastel colours - Each blot is printed in white cardboard of 7" x 10" size - The card is administered in two phases: performance proper, inquiry 	1 1	6
	c)	<p>Draw-a-person Test</p> <ul style="list-style-type: none"> - The subject is asked to draw a person on a sheet of paper - Then draw the figure of an opposite sex person - It is a projective test <p>(Any 2 points from each test)</p>	1 1	

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36.		<p>Howard Gardner proposed the the theory of multiple intelligences.</p> <p>According to him, intelligence is not a single entity; rather distinct types of intelligences exist</p> <p>Eight types of intelligences described by him are as follows:</p> <ul style="list-style-type: none"> - Linguistic - Logical - Mathematical - Spatial - Musical - Bodily - Kinaesthetic - Interpersonal - Intra personal - Naturalistic <p>(Explain any 6 intelligences given above)</p>	<p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p> <p>1</p>	6